



January 2024

St. Bernard & Elmwood Elementary K-6 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8 Hamburger/WG Bun Smile Potatoes Green Beans Sliced Pickles Diced Pears Low Fat Milk	9 Gilardi Breadsticks w/Marinara Sauce Tossed Salad with FF Ranch Dressing Cherry Tomatoes Applesauce Low Fat Milk	10 Mini Corndogs Baked Beans Celery Sticks Oranges Low Fat Milk	11 Walking Taco WG Chips/Meat/Cheese Corn Steamed Carrots Diced Peaches Low Fat Milk	12 Chicken Nuggets WG Roll Garlic Broccoli Celery Sticks Frozen Sidekicks Low Fat Milk
15	16 French Toast with Syrup Cup **Sausage Patty Baked Deli Roasters Steamed Carrots Orange Juice Low Fat Milk	17 **Pepperoni Pizza Tossed Salad with FF Ranch Dressing Mixed Vegetables Mandarin Oranges Low Fat Milk	18 Walking Taco WG Chips/Meat/Cheese Steamed Corn Refried Beans Diced Peaches Low Fat Milk	19 Popcorn Chicken WG Roll WG Goldfish Carrot Sticks/Dip Garlic Broccoli Apple Slices Low Fat Milk
22	23 Cheese Round Pizza Tossed Salad with FF Ranch Dressing Peas Applesauce Low Fat Milk	24 Mini Corndogs Baked Beans Carrot Sticks/Dip Oranges Low Fat Milk	25 Walking Taco WG Chips/Meat/Cheese Corn Steamed Carrots Diced Peaches Low Fat Milk	26 Chicken Nuggets WG Roll Garlic Broccoli Celery Sticks Frozen Sidekicks Low Fat Milk
29 Turkey/Cheese Deli Sub Steamed Corn Pinto Beans Diced Pears Low Fat Milk	30 Cheese Pizza Green Beans Mixed Vegetables Applesauce Low Fat Milk	31 Salisbury Steak WG Roll Mashed Potato/Gravy Steamed Carrots Mandarin Oranges Low Fat Milk	1 Spaghetti/Meatsauce WG Breadstick Tossed Salad with FF Ranch Dressing Cherry Tomatoes Diced Peaches Low Fat Milk	2 Chicken Strips WG Roll WG Goldfish Garlic Broccoli Cauliflower Juice Box Low Fat Milk

NOTES

Lunch \$2.45
Reduced Price .00¢
Extra Milk .45¢
Assorted low fat milk available daily with lunch

Type A Lunch must choose **at least 3** of 5 options (one of which has to be a fruit or vegetable): Entree', Bread/Grain, Fruit, Vegetable, Variety of Milk

SAVE TIME IN THE MORNING

Deposit money in your child's account for breakfast and lunch
Set up your account in PaySchools Central
www.payschoolscentral.com

IF YOU HAVEN'T ALREADY

Please fill out and return your Free and Reduced Meals Application as soon as possible!

Second Choice

Monday - WG PB&J Uncrustable/Goldfish
Tuesday - Turkey Hot Dog on WG Bun
Wednesday - Chicken Pattie on WG Bun
Thursday - ****Pork** or Beef BBQ Rib Pattie on WG Bun (Depends on Availability)
Friday - Chef Salad w/WG Roll

****Menu Subject to Change Due to Availability of Food Items****

WG = Whole Grain

****Denotes Possible Pork Product**

****MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD ITEMS****

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